



# Arkansas

STATE BOARD OF MASSAGE THERAPY

PO Box 2019  
Little Rock, AR 72203  
Phone: (501) 683-1448  
Fax: (501) 683-1426

Board Meeting Minutes  
December 6, 2010  
101 East Capitol Ave.  
Conference Room C  
Little Rock, AR

## **Board Members**

Naomi Hall, President	Gregg Benefiel, Member
Faye Weeks, Vice President	Mary Kay Wurm, Member
Lisa Douglas, Secretary	Susie Williams, Member
Audra Findley, Member	

## **Board Staff**

Marilyn L. Graham, Executive Director  
Amy Wirges, Admin. Specialist III

## **Attorney General Representative**

Christopher Hart

Meeting is called to order by Naomi Hall at 10:10 am.

### Hearing

Meek, Richard

Court Reporter:

Cheryl Dees

Hearing Officer:

Peggy Johnson, Office of the Attorney General

Meek Hearing Witnesses:

Marilyn Graham, ASBMT Executive Director

Det. Sgt. Todd Nelson, Jonesboro Police Department

Complainant

After all testimonies were heard, the Board found the actions indicated in the complaint against Meek were accidental. Meek is required to take six (6) continuing education hours in draping, boundaries, ethics, or another related subject in which these hours cannot be used towards his license renewal. The hours must be completed within forty-five (45) days of the December 6, 2010 Board Meeting. Meek's license was returned, but it is to be suspended if he does not complete the six hours on time.

Motion made: Lisa Douglas 2<sup>nd</sup>: Audra Findley  
None Oppose. Motion Carries.  
Weeks Abstains.

#### Federation of State Massage Therapy Board - Training Session

Sally Hacking, FSMTB Director of Government Relations

Approval of August 30, 2010 Board Meeting Conference Call Minutes

Motion made: Gregg Benefiel 2<sup>nd</sup>: Audra Findley None Oppose.

Approval of September 13, 2010 Board Meeting minutes

Motion made: Mary Kay Wurm 2<sup>nd</sup>: Audra Findley None Oppose.

Discussion about CE classes and providing a link on the ASBMT website for therapists to see classes being offered. The Board office staff has been given the authority to proceed forward with linking providers and classes on the ASBMT website.

Motion made: Faye Weeks 2<sup>nd</sup>: Susie Williams None Oppose.

#### Reconsiderations

Idleman, Diane

Previous decision stands.

Motion made: Gregg Benefiel 2<sup>nd</sup>: Audra Findley None Oppose.

Orwosky, Deborah

Will be able to get Arkansas license when she completes all new applicant requirements.

Motion made: Gregg Benefiel 2<sup>nd</sup>: Susie Williams None Oppose.

\*Chris Hart mentions that a written thought process should be made to explain why the board waived the previously decision. Marilyn Graham stated that the written process would be done.

#### Satellite School Application

Sharif, Tina

American University of Healing Arts - California

Table decision until Christ Hart can research Arkansas Board's jurisdiction on out-of-state Massage Therapy schools.

Motion made: Faye Weeks 2<sup>nd</sup>: Audra Findley None Oppose.

#### CEU Applications

Janiece, Rene

Manual Lymph Drainage Certification (45 hours) Approved

Motion made: Gregg Benefiel 2<sup>nd</sup>: Faye Weeks None Oppose.

Levengood, Sandra

Myofascial Mobilization (12 hours) Approved

Pediatric Myofascial Release (12 hours) Approved

Myofascial Release I (20 hours) Approved

Fascial Pelvis Myofascial Release (20 hours) Approved

Cervical thoracic Myofascial Release (20 hours) Approved

Myofascial Unwinding (20 hours) Approved

Myofascial release II (20 hours) Approved

Motion made to vote all them as a group.

Motion made: Audra Findley 2<sup>nd</sup>: Gregg Benefiel None Oppose.

Motion made to approve all hours.

Motion made: Audra Findley 2<sup>nd</sup>: Faye Weeks None Oppose.

Martin, Brenda

Our Feet and Legs; They Carry Us Everywhere (6 hours) Approved

Neck and Shoulder; How They Relate (6 hours) Approved

Low Back and Hip Pain (6 hours) Approved

Motion made: Gregg Benefiel 2<sup>nd</sup>: Audra Findley None Oppose.

\*These classes will replace Martin's previously approved course 'The Whole Body Experience.'

McClenahan, Carolyn

Freeing the Neck & Shoulder GO (6 hours) Tabled

Piriformis Syndrom The Sapo Technique - The Frog (6 hours) Tabled

Deep Tissue My Way (6 hours) Tabled

Tabled until McClenahan submits learning objectives and course outlines

Motion made: Mary Kay Wurm 2<sup>nd</sup>: Audra Findley None Oppose.

Weeks, Faye

Incorporating Ear, Hand and Foot Reflexology Into a Massage Session (6 hrs.) Denied

Reflexology for Yourself and Others (6 hrs.) Denied

Additional CEU courses needed to teach Reflexology courses

Motion made: Lisa Douglas 2<sup>nd</sup>: Mary Kay Wurm None Oppose.

Williams, Amanda

Reflexology: Intro to Foot (6 hours) Approved

Motion made: Gregg Benefiel 2<sup>nd</sup>: Susie Williams None Oppose.

Reflexology: Intro to the Hand (6 hours) Denied

Motion made: Susie Williams 2<sup>nd</sup>: Lisa Douglas None Oppose.

Discussion of the current P.O. Box (2019 in Little Rock). The Board will pay the P.O. Box dues and keep the it for now.

Prust, Linda

First Degree Reiki Training denied

Second Degree Reiki Training denied

Reiki Master Practitioner Training denied

\*Courses were previously tabled at the Sept. 13, 2010 Board Meeting. It was discussed that Reiki is not in the scope of Arkansas State Massage Therapy practice.

Motion made: Gregg Benefiel 2<sup>nd</sup>: Audra Findley None Oppose.

#### Election of Officers

Gregg Benefiel nominated Naomi Hall as President. Hall accepted the nomination.

Motion made: Gregg Benefiel 2<sup>nd</sup>: Audra Findley All voted for Hall.

Audra Findley nominated Lisa Douglas as Vice President. Douglas accepted the nomination.

Motion made: Audra Findley 2<sup>nd</sup>: Faye Weeks All voted for Douglas.

Audra Findley nominated Mary Kay Wurm as secretary. Wurm declined nomination.

Susie William nominated Audra Findley as Secretary. Findley accepted the nomination.

Motion made: Susie William 2<sup>nd</sup>: Mary Kay Wurm All voted for Findley.

Motion to adjourn: Gregg Benefiel 2<sup>nd</sup>: Lisa Douglas None Oppose.